



The Manager Experience

Top Challenges & Perks of Managers

GALLUP®



Contents

01

Why the Manager Experience Matters

04

The Challenges and Perks
of Being a Manager

26

The Balancing Act

27

How the Manager Experience Affects
the Employee Experience

30

Ways to Rethink Your Manager Experience

33

Improve Your Manager Experience
With Expert Advice From Gallup



Why the Manager Experience Matters

Gallup studied over 50,000 managers from 2014 to 2019, asking them more than 500 questions about how they experience their workplace.

Managers are the heart of your organization.

They communicate and uphold the standards of your culture and your brand. They can make or break any change initiative. Nearly every problem and achievement in your organization can be tied back to the quality of your managers.

Why? Gallup has found that the role of the manager is a dominant factor in the employee experience — from onboarding and performance to development and retention. Managers account for an astounding 70% of the variance in team engagement, and their efforts substantially impact the bottom line of entire organizations.

How your managers feel about your organization greatly influences how everyone else feels about it. In other words, your manager experience largely defines your employee experience.



BOSS TO COACH

The Boss to Coach Journey prepares managers to tackle critical employee challenges and support team performance by having strengths-based, engagement-focused and performance-oriented coaching conversations.

Learn more at:

<https://www.gallup.com/learning/346556/learning-journey-for-management-development.aspx>

So, what does it feel like to be a manager?

Gallup studied over 50,000 managers from 2014 to 2019 and asked them more than 500 questions about how they experienced their workplace. Our experts analyzed survey data, conducted interviews and facilitated focus groups. We did real-time ethnographic studies of "a day in the life of a manager" and we did retrospective "day reconstruction" studies. Our researchers scoured countless performance metrics, talked to "manager of the year" award winners and studied what the best do differently.

What we discovered is that the manager experience is complicated and dynamic, filled with opportunities but also frequent pitfalls.

In this perspective paper on the manager experience, we unpack the top five challenges and top five advantages of being a manager, based on our study. We contrast how managers experience the workplace with the experience of individual contributors and identify areas where the largest gaps exist. Notably, even where managers have relative advantages compared to individual contributors, we found there to be much room for improving the manager experience.



The Challenges and Perks of Being a Manager

Managers juggle competing priorities, unclear expectations and unmanageable workloads.

Their days are often long, filled with meetings, distractions and high-stakes decision-making. They must take risks that could lead to better ways of doing things — or they could fail. Managers also are expected to take on tasks that may not align well with their strengths, which adds to their stress.

Caught in an endless cycle of urgent work, managers are often unhappy with the very systems built to help them.

Performance reviews and career development programs tend to be particularly disappointing to managers.

However, being “the boss” also has its perks. Managers are allowed freedom and creativity in how they accomplish their goals, and their opinions are influential.

Managers spend their days interacting with a variety of people, which makes work more interesting and positions them for advancement.

Also, they are more likely than individual contributors to see how their incentive pay connects to business success, giving them direction and motivating them to do what’s best for the organization.

CHALLENGES	PERKS
- Unclear expectations	+ Voice and involvement in decision-making
- Heavy workload and distractions	+ Autonomy and control over their work
- Job stress and frustrations	+ Collaborative work environment
- Less focus on their strengths	+ Opportunities for development and career advancement
- Frustrating performance reviews	+ Motivating pay incentives

● Manager Challenge #1

Unclear Expectations

Forty-two percent of managers strongly agree that they have multiple competing priorities, compared with 27% of individual contributors.

Success in any role requires clear, achievable expectations, yet this basic need often goes unmet for employees. Globally, only half of employees strongly agree that they know what is expected of them at work. Even more disturbing is that managers are less likely than individual contributors to know what's expected of them at work.

The problem begins with managers' formal expectations. Less than half of managers (41%) strongly agree that their job description aligns with the work they do. The misalignment between formal expectations and what is actually required of them daily contributes to confusion and sows distrust toward corporate processes and formal communication in general.

Of course, some of the ambiguity is due to managers being in a relatively complex and ambiguous role. Managers have discretion in how work gets done and how problems get solved. Flexibility in how work gets done is important because solutions to the problems that managers are tasked with solving are not always obvious.

However, managers aren't all-powerful or all-knowing. They may lack context or authority to make confident decisions. Or, they may feel expectations are unfair when they are suddenly held responsible for unexpected situations — for example, having to deal with an angry customer, an employee's personal issue, a scheduling error or a vendor who didn't meet expectations.

Another big cause of confusion for managers is that they tend to wear many hats — and their commitments to multiple bosses, employees, customers and stakeholders are often in conflict. Their responsibilities range from getting work done through others to completing their own assignments, to engaging and developing their team members. This experience does not occur as much for individual contributors. In fact, managers are 56% more likely than individual contributors to strongly agree they have multiple competing priorities.

Competing priorities are especially difficult to handle if managers do not receive enough leadership support when setting and resetting priorities. And when managers are not clear on their expectations, their confusion affects peers and direct reports.

If managers don't know what they are supposed to do, how can they lead teams effectively?



WHAT DO MANAGERS SAY?

My biggest challenge is managing expectations. The expectations of leadership and my team do not always align."

Managers Battle Competing Priorities and Unclear Expectations

■ MANAGERS
■ INDIVIDUAL CONTRIBUTORS

% Strongly Agree

I have multiple competing priorities.



I have a clear job description.



My job description aligns with the work I am asked to do.



+ **IMPROVE YOUR MANAGER EXPERIENCE**

- + Have an informal, weekly quick connect with each manager to discuss their priorities, barriers and recent achievements.
- + Leaders should “take a walk” every day to see their managers in action.
- + Discuss how manager expectations support the organization’s goals.

+ Manager Perk #1

Voice and Involvement in Decision-Making

Managers are 31% more likely than individual contributors to strongly agree that their opinions count at work.

Having a voice that matters is a hallmark of being a manager. Managers get to call the shots and choose how to develop individuals into future stars. Employees look to their manager as their coach and guide, as well as the gatekeeper to their destiny at an organization. Managers play the role of mentor, advice-giver and rescuer when trouble comes.

Beyond their one-on-one relationships with team members, managers are responsible for executing a business strategy. Naturally, managers have more control than individual contributors do when establishing their own goals and strategies. In fact, managers are twice as likely to strongly agree they are involved in setting goals for themselves and others. Having a voice and involvement in goal setting is an important aspect of creating goals that motivate employees. It ensures that goals address the most important aspects of the job and inspire strong performance. Involving employees in goal setting also encourages them to take ownership of their goals.

Although managers have more ownership of their goals, there is a lot of room for improvement in this area. One of the most important responsibilities of a manager is to know what is achievable for themselves and their team. Setting the right expectations, making necessary adjustments and making wise — albeit, sometimes bold — decisions greatly influences whether managers and their teams succeed. As a result, leaders (managers of managers) need to give managers the power and support they need to set priorities that make sense for both them and the organization.

In addition to having a voice regarding their team, managers have access to organizational decision-makers, and their opinions with those influencers are valued more highly than those of individual contributors. Managers are included in more forms of organizational communication, and managers even receive more surveys from their organization than individual contributors do. And, managers are more likely than individual contributors to be asked about their organization's strategy and actions.

Not surprisingly, managers are 31% more likely to strongly agree that their opinions count. From having command over their team to having a voice in organizational decisions, managers are well-positioned to feel highly valued and confident about their status within the organization. They also tend to identify more strongly with the mission and vision of their organization because they have a voice in how things get done.

Managers Have a Stronger Voice in Their Workplace

MANAGERS
INDIVIDUAL CONTRIBUTORS

% Strongly Agree

I am involved in goal setting.

30%

15%

WHAT DO MANAGERS SAY?

Managers should be the voice of their team. They need to share important feedback from their team with the right parties, like leaders, other managers and other teams."

IMPROVE YOUR MANAGER EXPERIENCE

- + Ensure managers have a chance to hear from their boss' boss.
- + Connect managers' work to the purpose, brand and culture of the organization.
- + Hold managers accountable for making their teams aware of key organizational messages and decisions.



● Manager Challenge #2

Heavy Workload and Distractions

Managers are 67% more likely than individual contributors to strongly agree they have a lot of interruptions at work.

Managers have a multitude of responsibilities, from communicating an organization's vision to daily management duties like coordinating work, making decisions and solving problems. It's no wonder managers are 50% more likely than individual contributors to strongly agree they "have too much to do."

On average, managers report working about four more hours per week (or an extra half-day) than individual contributors. How that time is spent depends a lot on the responsibilities of the manager. Some managers play coach to individual contributors, while others primarily do work for their boss.

Part of a manager's extended workload is due to their role in communicating expectations across many stakeholders. When new expectations are set, priorities change or progress needs to be discussed, managers are responsible for relaying that information. Consequently, they spend a lot of time in meetings, communicating with team members, peers and leaders.

Managers spend 21% more of their time in meetings than their employees do, and after the meetings are done, managers still must complete their own work.

Also part of a manager's daily duties is dealing with distractions and interruptions: Managers are 67% more likely than individual contributors to strongly agree they have a lot of interruptions at work. When something goes wrong or an important decision needs to be made, managers must often drop what they are doing and get involved. Constantly shifting from one task to the next can affect their ability to focus and do quality work. Not to mention, when they spend much of their day in meetings, their team members are left waiting to get direction, approvals and feedback from them.

Managers often feel "stuck in the middle" between managing their direct reports and reporting to their leaders. For example, leaders may require standing meetings to keep managers accountable, which can add days to a project's completion while individual contributors wait for approvals and feedback. Achieving what is required by their boss and ensuring their team has what it needs to be successful can be challenging and stressful.



WHAT DO MANAGERS SAY?

The manager often gets stuck in the middle — there's a lot of pressure playing middleman/ woman to balance the desires of leaders and employees."

Managers Experience More Interruptions and Fuller Workloads

MANAGERS INDIVIDUAL CONTRIBUTORS

% Strongly Agree

I have a lot of interruptions.



I feel like I have too much to do.



Managers Work Longer Hours

AVERAGE HOURS WORKED PER WEEK

49 hours
managers

45 hours
individual contributors

IMPROVE YOUR MANAGER EXPERIENCE

- + Encourage managers to block focused work time on their calendar each day to think, get organized and get their work done.
- + Allow managers to work from home when they need uninterrupted time to get caught up or work ahead.
- + Teach managers to set the right expectations about their availability and how they spend their work time so employees can understand how to best partner with their manager.

+ Manager Perk #2

Autonomy and Control Over Their Work

Managers are 24% more likely to have “time to think creatively or discuss new ideas at work” daily.

Managers have a greater say than individual contributors in the organization’s strategy and goals. They also have greater say in how their work gets done. Managers are 21% more likely to strongly agree that they have the authority they need to do their job effectively.

Many people take for granted that managers can choose what to work on, how to work on it, when they will work on it and who they can ask to get involved.

Autonomy is a top predictor of performance.¹ It empowers employees to approach complex tasks in a way that works best for them, and it creates intrinsic motivation by allowing employees to take ownership for their work. Of course, too much autonomy can be disorienting and confusing — but, as a rule, the more control someone has over their work, the better they feel about it.



IMPROVE YOUR MANAGER EXPERIENCE

- + Managers should approach their job in whatever way works best for them, as long as they effectively engage their team and achieve the required outcomes.
- + Help managers name and empower their own set of “lieutenants” who will take responsibility for getting work done.
- + Continually clarify expectations and priorities for managers so that autonomy doesn’t turn into too much ambiguity.

¹ Cerasoli, C. P., Nicklin, J. M., & Ford, M. T. (2014). Intrinsic motivation and extrinsic incentives jointly predict performance: A 40-year metaanalysis. *Psychological Bulletin*, 140(4), 980.

Hammond, M. M., Neff, N. L., Farr, J. L., Schwall, A. R., & Zhao, X. (2011). Predictors of individual-level innovation at work: A meta-analysis. *Psychology of Aesthetics, Creativity, and the Arts*, 5(1), 90–105.

Hunter, S. T., Thoroughgood, C. N., Myer, A. T., & Ligon, G. S. (2011). Paradoxes of leading innovative endeavors: Summary, solutions, and future directions. *Psychology of Aesthetics, Creativity, and the Arts*, 5(1), 54–66.

Managers Enjoy More Autonomy and Control Over Their Work

MANAGERS INDIVIDUAL CONTRIBUTORS



WHAT DO MANAGERS SAY?

I need autonomy and trust from my organization to make decisions that are best for my team and organization."

% Strongly Agree

I have the authority I need to do my job effectively.



How often are you allotted time to think creatively or discuss new ideas at work? (Daily)



I am expected to be creative or think of new ways to do things at work.



I have the skills needed to do my best work.



I can take risks at work that could lead to important new products, services or solutions.



Autonomy has other benefits as well. It encourages creativity in problem-solving. Managers are more likely to have expectations for being creative or thinking of new ways to do things at work. They are also more likely to feel empowered to take risks that could lead to new products, services or solutions. An individual contributor may have ideas about how to, say, make customers happier or eliminate wasteful processes, but it's the manager who has the authority to test those ideas.

Ultimately, managers have the power to make decisions, to shape the direction of their work, to find new paths and to take action that makes those new paths successful. All of these abilities contribute to greater optimism about work, in general. Managers are 36% more likely than individual contributors to strongly agree that their work is achievable.

● Manager Challenge #3

Job Stress and Frustrations

Managers are 27% more likely than individual contributors to strongly agree that they felt stress during a lot of their most recent workday.

Life as a manager can be emotionally and cognitively draining. Managers routinely make high-pressure, high-stakes decisions that have financial implications for their employer and employees.

They decide whom to hire in key roles. They step in when a customer relationship is in trouble. They deliver the bad news of budget cuts and downsizing. Even on an easy day, they are responsible for the livelihood, wellbeing and future of their employees. They are in the spotlight all the time, constantly under scrutiny and always having to justify their actions, and the decisions they make may follow them for the rest of their career.

In short, being a manager is stressful. Managers are 27% more likely than individual contributors to strongly agree that they felt stress during a lot of their most recent workday.

For these reasons, managers are at significant risk of burnout. An unmanageable workload and unreasonable time pressure are **two of the top five predictors of burnout** — and they are all too common for managers. Burnout is serious. Gallup's research has found that burnout has a direct effect on health, relationships, performance and career growth.

Getting clarity on expectations, priorities and key partnerships so that managers can see a manageable path forward is critical. But it's also important to remember that managers are humans with feelings. One way to manage job stress is by building strong interpersonal relationships. Support from a boss and peers can help managers stay positive. Unfortunately, managers don't have a lot of opportunities to spend time with people who recharge them. Managers are less likely than individual contributors to strongly agree that they liked who they worked with and liked what they did on their most recent workday. Managers may spend more time than they would like with difficult employees, while spending too little time with star employees who are more enjoyable and rewarding to coach.

IMPROVE YOUR MANAGER EXPERIENCE

- + Create manager networks and workshops that help managers support and learn from one another.
- + Build a wellbeing program specifically for the needs of managers.

Job Stressors Affect Managers More Than Individual Contributors

■ MANAGERS
■ INDIVIDUAL CONTRIBUTORS

% Agree

The demands of my job interfere with my family life.



I felt stress during a lot of my most recent workday.



“**WHAT DO MANAGERS SAY?**
 It is emotionally taxing when someone on my team is not performing well. It can be difficult for me not to see it as a personal failure that I couldn't help them succeed.”



“**WHAT DO MANAGERS SAY?**
 You put pressure on yourself to succeed. Things could always be better no matter how good they are.”

+ Manager Perk #3

Collaborative Work Environment

Managers report spending an average of about five hours a day working with other people. That's five more hours a week than individual contributors spend working collaboratively.

Unlike many individual contributors who may spend most of their day working alone, managers are typically at the center of interpersonal activity at work. Managers spend more than half of their time with others, checking in with teammates, leading meetings, interacting with customers and negotiating with vendors. They are required to have relationships across the organization to be successful, and they often interact with interesting people outside their team or department. One of the biggest perks of being a manager is being well-informed and highly connected.



WHAT DO MANAGERS SAY?

The benefit of collaboration is the mutual knowledge that we are in this together."

Managers report spending an average of about five hours a day with other people, which is 26% more time working collaboratively than the average individual contributor. Managers' time with coworkers includes everything from leading a brainstorming session to interviewing job candidates to having lunch with another manager.

Many workplaces are built with the intention of helping managers lead collaboration. Managers are about twice as likely to be on a matrixed team, which means they work with multiple teams and have multiple bosses. Matrixed teams are engineered to enable extreme collaboration, which occurs when people are interdependent — it's their job to do work collaboratively. This type of dynamic, ever-changing environment can be stimulating and motivating for managers. Something is always happening.

The collaborative nature of their role naturally helps managers be more informed and resourceful. Managers are more likely than individual contributors to receive help and daily feedback from their coworkers. And managers receive more frequent feedback from their own boss. Managers are essentially at the center of an ecosystem designed to keep them up-to-date and responsible for getting work done through others.

Over the long term, frequent conversations with a variety of people can lead to new learning, advancement opportunities, developmental feedback and a general sense of being "in the know" about what's happening across the organization.

Managers Interact More With Others

MANAGERS INDIVIDUAL CONTRIBUTORS

% Strongly Agree

How often do you receive feedback from your coworkers? (Daily)



I receive help from my coworkers.



% HIGHLY MATRIXED MANAGERS VS. % HIGHLY MATRIXED INDIVIDUAL CONTRIBUTORS

28%
managers

15%
individual contributors

IMPROVE YOUR MANAGER EXPERIENCE

- + Teach managers to ask for feedback from their direct reports and become masters of two-way conversations.
- + Discuss when and why work should be done together as a group versus independently.
- + Improve cross-functional collaboration and break down silos by requiring managers to regularly work with one another or job shadow another manager for a day.

➊ Manager Challenge #4

Less Focus on Their Strengths

Managers are 11% less likely to strongly agree that they have the opportunity to do what they do best at work.

A front-line manager may have an accounting issue, a computer crisis and a scheduling snafu, all in the same shift. And they are expected to be an expert at handling all of it. They may have remarkable interpersonal skills but fall short on engaging their team because they are spending their afternoons studying spreadsheets.

Most managers become managers after being an exceptional individual contributor or simply sticking around for a long time. But, as many new managers can attest, being a successful manager takes a completely different skill set than what's needed to work effectively in an individual role. Many talented people who are highly successful employees are not talented as managers. A new manager may have been promoted because of their exceptional customer service skills, but now they are expected to develop, inspire and get work done through others.



WHAT DO MANAGERS SAY?

Success is different as a manager because it comes from other people's success."



WHAT DO MANAGERS SAY?

Your mind is always focusing on the people you care about."



WHAT DO MANAGERS SAY?

The single greatest challenge of being a manager is the sense of responsibility for each person's individual success and the team's overall success."

Gallup has found that most employees do not have a natural aptitude for management, but they feel trapped because the management track is the only path to career advancement they can see — the only way to increase pay or develop professionally. Managers do their best, of course, but without additional support and training, they and their teams may suffer.

The personal consequences are severe when an organization positions successful individual contributors in a manager role without them having the right talents to succeed. When managers do not have the natural abilities and aptitude to be a manager, they tend to experience substantially lower engagement and performance while increasing risks of stress, frustration,

turnover and burnout. And these issues are often passed on to the team they manage, causing engagement, performance and retention issues for everyone else.

Also, managers often are asked to do work that is outside their sphere of responsibility or capability. Managers are 46% less likely than individual contributors to strongly agree their work is delegated to them properly. Many leaders assume managers will take care of various issues without being told expectations or receiving additional resources to support their efforts. Sometimes the expectations are clear but well outside the manager's strengths. It's difficult to be strong at the vast array of things managers are asked to do. As a result, managers spend significantly less time than individual contributors doing what they do best.



Great Managers Should Spend More Time Playing to Their Strengths

IMPROVE YOUR MANAGER EXPERIENCE

- + Make a list of what a manager does best and ask them to list what they think they do best. Talk about how they can spend more time playing to their strengths and building strong partnerships.
- + Have your managers take CliftonStrengths and write a plan for how they can use their strengths to achieve their most important performance and development goals.
- + Ask a manager's coworkers to list what strengths they would like to see the manager use more often.

+ Manager Perk #4

Opportunities for Development and Career Advancement

Sixty-six percent of managers report having a professional development program.

What keeps employees coming back to your workplace every day?

Opportunities to learn and grow are the top reason younger generations of employees are attracted to an organization. Lack of opportunities for development and advancement is the top reason employees of all ages leave an organization. In other words, employee attraction and retention are strongly tied to personal growth and seeing a positive future with an organization.

Often, organizations target these critical employee needs with a formal professional development program, engineered to help employees develop the right skills and key experiences for a successful future. Managers have a significant edge when it comes to formal development opportunities, as about two-thirds of managers report being in a professional development program. Additionally, managers are 24% more likely than individual contributors to have a mentor who helped them in the last week. Clearly, organizations see the benefit of cultivating their managers' talents.



WHAT DO MANAGERS SAY?

My people have developed me and taught me how to manage. I've learned so much by listening to them and what they need."

And, managers' edge in developmental opportunities does seem to make a difference: Managers are 19% more likely than individual contributors to strongly agree they have the skills to do their best work, and they are 17% more likely to strongly agree that their skills and experience are fully utilized in their organization.

Despite this special attention, however, Gallup's data show that organizations have a long way to go when it comes to developing managers' skills and creating a clear career path for quality managers:

- + Only slightly more than **one-third** of managers strongly agree they have had opportunities at work to learn and grow in the last year.
- + **Thirty-six percent** of managers do not fully believe they have the skills they need to do their best work.
- + **Sixty-five percent** of managers do not strongly agree that they understand how their performance affects their opportunities for promotion.

Leaders may think they are doing a lot, while managers feel that it isn't enough. Here are two important questions to ask:

- + Are our development programs integrated enough with the realities of our workplace?
- + Are managers experientially learning and growing on the job, and are they getting enough key experiences that build strong people leadership?

Many developmental programs are positive experiences but don't affect the real experience of work, so it's important to examine your development program's effectiveness.

- + Are our managers having frequent conversations with their supervisor about their future with the organization?
- + Are our managers learning best practices and tips from their peers?

Experiences and relationships are everything when it comes to personal growth. Managers need to have an ongoing dialogue with their bosses about their future, their dreams and what they can be doing now to achieve higher performance.



IMPROVE YOUR MANAGER EXPERIENCE

- + Define key experiences that help managers develop.
- + Map out pathways for career advancement with managers.

Professional Development a Focus for Management

MANAGERS ■■■ INDIVIDUAL CONTRIBUTORS

% Strongly Agree

I understand how performance affects my opportunities for promotion.

35%

29%

I have the skills needed to do my best work.

64%

54%

% Yes

My employer offers a professional development program.

66%

56%

➊ Manager Challenge #5

Frustrating Performance Reviews

Only 8% of managers strongly agree their performance reviews inspire them to improve.

In recent years, traditional performance management systems have been under fire. After investing significant resources and time, many organizations are realizing that their annual performance reviews do not improve performance — and, in many cases, they actually hurt performance.

Astoundingly, managers report an even worse performance review experience than individual contributors. A mere 13% of individual contributors strongly agree their performance review inspires them to improve, but that percentage is a microscopic 8% for managers. They also find performance reviews to be less fair and less accurate than individual contributors do. If there were a single argument against the traditional performance review, it would be this: Those administering performance reviews think less of the process than those receiving them.

When managers experience unfair and inaccurate performance reviews, they aren't receiving the critical feedback, coaching and recognition they need to thrive, hindering their effectiveness, development and long-term career potential. Then managers are asked to repeat that same ineffective, frustrating process for those who report to them.

It's time for organizations to re-engineer their performance management systems. Modern performance management must shift to a performance development approach that equips, inspires and improves performance. Gallup's analysis finds that performance reviews are not enough. Managers must be trained to have continual, meaningful performance conversations with their team members.

IMPROVE YOUR MANAGER EXPERIENCE

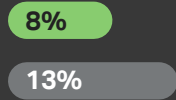
- + Have regular check-ins with managers to discuss their performance. Formal performance reviews should never be a surprise.
- + Don't get lost in poor performance metrics. Rethink how you can use clearly defined goals and behavioral evaluations in place of performance metrics that don't fully capture their responsibilities and contributions.

Managers Would Benefit From Improved Performance Management Systems

MANAGERS INDIVIDUAL CONTRIBUTORS

% Strongly Agree

The performance reviews I receive inspire me to improve.



The performance reviews I receive are accurate.



The performance reviews I receive are fair.



WHAT DO MANAGERS SAY?

We waste so much time doing ratings, calibration sessions and performance reviews, and the process doesn't help people improve or engage them. It mostly upsets and frustrates them."



+ Manager Perk #5

Motivating Pay Incentives

Managers are 25% more likely than individual contributors to strongly agree that their pay and incentives motivate them to achieve individually.

Pay is a significant motivating factor for managers. In general, the average annual wages for U.S. individual contributor employees is significantly less than the salaries of managers, with ranges varying by roles and industries. Not surprisingly, managers are 13% more likely to report high levels of financial wellbeing.

But there's a deeper story when it comes to motivation. Employees complain the most about pay when they feel it is unfair and inaccurate. The solution is to ensure that employees believe their pay is within their control and understand how to influence future compensation. Regular, transparent conversations about pay are key. Employees need to understand pay structures, philosophies and actions they can take to progress financially in their career.

Managers seem to understand this context better than individual contributors. Managers are more likely than individual contributors to strongly agree that they know how their performance affects their pay. They also say they have greater control over their work, and they are more likely to see a clear promotional path to higher earnings.

When people can see a reward clearly and feel empowered to attain it, they are naturally more motivated. Managers are 25% more likely to strongly agree that their "pay and incentives motivate me to achieve individually."

And there's another factor to consider: Managers are more likely to understand how their performance connects to team and organizational success — they see how their personal achievement connects to the greater good. Managers are 21% more likely to strongly agree that they see how their own goals connect to the organization's goals. Not surprisingly, they are also more likely to strongly agree that their pay incentives motivate them to do what is best for the organization.

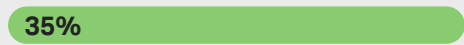
Higher pay makes being a manager an attractive proposition, but a manager's knowledge about the pay system and how to navigate it is perhaps even more inspiring than the money itself.

Managers Better Understand How Pay Fits With Their Role

■ MANAGERS
■ INDIVIDUAL CONTRIBUTORS

% Strongly Agree

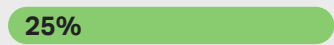
I understand how my performance affects my pay.



My pay and incentives motivate me to do what is best for our overall organization.




My pay and incentives motivate me to achieve individually.



IMPROVE YOUR MANAGER EXPERIENCE

- + Measure manager performance using a balanced scorecard that includes quantitative metrics and subjective evaluations. Don't incentivize any one metric with too much pay.
- + Don't forget to make performance pay discussions just as much about recognition of a job well done, as about money.
- + Include team collaboration, customer engagement and learning goals as key outcomes that are incentivized.



A black and white photograph of a person's hands typing on a laptop keyboard. The person is wearing a dark jacket and a watch on their left wrist. The laptop is open, and the screen is visible. The background is a blurred, scenic view of a valley or mountains, suggesting a remote or outdoor work environment.

Reimagining the
manager experience
is no small task.

The Balancing Act

Navigating the challenges of being a manager and taking advantage of the role's unique opportunities can be a balancing act.

Often the advantages of being a manager can be a double-edged sword. While some of the biggest perks of being a manager are having a voice in organizational decision-making and having autonomy in how work gets done, these advantages can lead to ambiguity, complexity and competing priorities.

Organizations greatly improve their manager experience when they empower managers to navigate challenges and lead in the way that works best for them. The trick is to ensure leaders are continually clarifying priorities for managers and making sure managers aren't overextending themselves.

Similarly, it's great that managers have such a collaborative work environment, but managing various types of employees and stakeholders escalates stress and frustrations. Managers need protected time to think, do their own work and respond to requests. They also need to learn how to delegate work and give trusted members of the team autonomy to get the job done.

Managers should help their team become clear on the goals, roles, processes and relationships that are critical to success. This clarity empowers the team to own their work and how they collaborate, rather than requiring constant direction from the manager.

When it comes to their future, managers certainly have opportunities for development and advancement, but these programs do not fully provide what managers need. Managers spend less time doing what they do best than individual contributors do, despite managers having more opportunities for development.

The story is similar for how managers experience performance management. While they can see the connection between their pay and performance, they don't necessarily have an effective performance management system. In fact, their performance reviews feel inaccurate, unfair and uninspiring.

Reimagining the manager experience is no small task, as even the perks of being a manager come with their challenges.

How the Manager Experience Affects the Employee Experience

Simply put, the manager experience is the employee experience of your managers.

Leaders often forget that managers are employees too. They experience hiring, onboarding and performance reviews just like everyone else. How they feel about your organization's mission and culture are significantly shaped by these touchpoints.

In addition, managers play a pivotal role in the employee experience of all other employees. They are involved in every major milestone of the employee journey, from onboarding to exit, and their interactions with employees are typically the dominant factor in positive outcomes at each stage.

Employee Experience

The Journey With Your Organization



Employee Experience: The Manager Makes the Difference

- 1 ATTRACT:** Millennials report that “quality of manager” and “opportunities to learn and grow” are among the top factors that they value when joining an organization.
- 2 HIRE:** When managers create a positive experience during the hiring process, new employees feel excited that they were chosen to work for a manager who appreciates their talents and will be more invested in their career.
- 3 ONBOARD:** When managers play an active role in onboarding, employees are 2.5 times more likely to strongly agree their onboarding process was exceptional.
- 4 ENGAGE:** Employees who receive daily, meaningful feedback from their manager are 3.5 times more likely to be engaged than those who receive feedback once a year or less.
- 5 PERFORM:** Only two in 10 employees strongly agree that their performance is managed in a way that motivates them to do outstanding work.
- 6 DEVELOP:** When managers develop employees based on their strengths, employees are more than twice as likely to be engaged.
- 7 DEPART:** Fifty-two percent of exiting employees say that their manager or organization could have done something to prevent them from leaving their job. Nevertheless, only 51% of employees who chose to leave had a conversation about their engagement, development or future in the three months prior to leaving.

How Can Leaders Better Support Their Managers?

- 1) Ensure your managers experience your purpose, brand and culture at every stage of the employee life cycle.
- 2) Redefine the role of manager from boss to coach.
- 3) Select your managers based on their aptitude for management.
- 4) Design manager learning programs that are continual, multimode and experiential.
- 5) Require leaders to give meaningful strengths-based feedback to managers once a week.
- 6) Design a succession planning system that considers criteria that predict people management success.

Ways to Rethink Your Manager Experience

01.

Ensure your managers experience and promote your purpose, brand and culture at every stage of the employee life cycle.

The CEO, CHRO and executive committee need to clearly identify and communicate to managers the organization's purpose and how they want applicants, employees and customers to perceive their brand.

They also need to portray the organization's desired culture. Leaders have more clarity on their aspirational culture than managers do. But an organization's real culture is the one that managers express.

The way they demonstrate the organization's culture influences how everyone on their team reacts to culture change and experiences the stages of the employee life cycle, from hiring through departure — and those employee experiences affect the manager experience.

Also, when managers grasp their organization's purpose, brand and culture, they will better understand how their performance affects the company's success, how their goals tie to the organization's goals, and how their pay and incentives tie to their role in the organization's success. And they will be more effective at leading their teams. How can employees have a good employee experience at each stage of the employee life cycle without their manager being clear on how to embed the culture in each stage?

How are your purpose, brand and culture represented by managers? Are they promoting your culture at each key touchpoint and leading conversations about it, or are they working against it?

02.

Redefine the role of manager from boss to coach.

The job expectations for managers are often messy, contradictory or incoherent. Organizations need to redesign the manager role so it is clearly defined as a people leader role and so that managers are given the time, training and support they need to coach their teams effectively. The role should also be responsive to a changing workplace that is more matrixed, flexible and autonomous than generations before.

Gallup's research shows that today's employees want a coach, not a boss. The transition from boss to coach means managers are expected to do more than delegate. Their job is to develop stars in an individualized manner through collaborative goal setting, future-oriented coaching and achievement-oriented accountability. Coaches lead great conversations with their employees — they don't just talk at them and give feedback.

03.

Select your managers based on their aptitude for management.

Organizations set managers up for success by making sure they've selected the right person for the role. That means selecting someone with innate management traits.

This is best done through scientific assessments that measure innate tendencies, behavior interviews, and a systematic review of key experiences and proficiencies. Instead of making management a default reward for high performance in individual contributor roles, leaders should realize that not everybody is cut out for the job. This may require creating a nonmanager, individual contributor development track that keeps high performers growing without shifting them into management.

The Five Traits of Great Managers

- 1 MOTIVATION**
Inspiring teams to get exceptional work done
- 2 WORKSTYLE**
Setting goals and arranging resources for the team to excel
- 3 INITIATION**
Influencing others to act; pushing through adversity and resistance
- 4 COLLABORATION**
Building committed teams with deep bonds
- 5 THOUGHT PROCESS**
Taking an analytical approach to strategy and decision-making

04.

Design manager learning programs that are continual, multimode and experiential.

Managers receive more training than individual contributors. However, their training doesn't always translate to more confidence on the job.

The best manager learning programs are not a compilation of one-time "events," but, rather, they teach fundamentals of coaching that endure.

Organizations need to deliver learning and development experiences that are multimode, relevant and strengths-based. Great manager development programs create a learning journey that blends powerful in-person experiences with on-the-job experiential learning and just-in-time resources for common challenges and conversations.

Consider trainings that include simulations or role plays — for example, having a casual check-in with a direct report — or find creative ways to integrate training exercises into live work experiences.

05.

Require leaders to give meaningful strengths-based feedback to managers once a week.

Leaders need to have coaching conversations with the managers who report to them. Everyone needs a coach, and for managers to transition from being a boss to being a coach, they need good feedback, development and recognition from their leader. By delivering meaningful feedback, leaders can bring manager learning programs to life, model great coaching and identify further development needs.

Gallup also finds that both coaching and manager development programs that build on the strengths of individual managers outperform the approaches that are not strengths-based. That is, managers develop best within the context of who they naturally are and what they do best.

Leaders do not develop great managers by teaching them transactional knowledge, providing a checklist of things to do or prescribing them a basic set of questions to ask their employees. Learning experiences should encourage managers to find creative solutions to problems using their unique set of strengths. Leaders can bring these learning experiences to life by providing continual feedback and coaching that is individualized to the manager's unique strengths.

06.

Design a succession planning system that considers criteria that predict people management success.

In many organizations, succession planning is primarily a subjective process. It's prone to bias that results in poor decision-making, which places people into roles where they lack the capacity to perform. Even worse, many organizations have no succession plan at all.

There are ways, however, to stack the odds in your favor when it comes to promoting the right people. Gallup recommends starting with objective performance measures and scientifically validated assessments of natural manager talent to determine who has the potential to be promoted to a people leader role. Then, combine that data with key experience inventories that correlate with leadership success. Key experiences might include gaining international experience, learning deeply about customers, building cross-segment relationships or leading a team through adversity.

Practice makes everyone better and gives you a glimpse into how employees are likely to perform in the role they are auditioning for.

Improve Your Manager Experience With Expert Help From Gallup

Gallup knows more about managers than anyone else in the world — and we have proven experience in turning that knowledge into behavior changes that improve business outcomes.

In today's global market, organizations need game-changing insights and actionable advice on creating an exceptional manager experience. Because no matter your leadership goals, programs or campaigns, all of them will falter if you don't have a high percentage of great managers on your team.

Gallup helps the world's leading organizations achieve organic growth through the development of their managers. Using leading-edge analytics and a user-friendly digital platform, Gallup Access, Gallup delivers world-class insights and training to managers and leaders to transform their workplace culture.

Learn more about how Gallup can help your organization achieve its goals. Visit gallup.com/workplace today.

"Clever benefit packages, new scoring systems, free lunches and on-site volleyball courts are great. But they don't change growth outcomes.

Only improving your ratio of great to lousy managers does."

— *IT'S THE MANAGER,*

BY JIM CLIFTON AND JIM HARTER²

² Clifton, J., & Harter, J. (2019). *It's the Manager*. New York, NY: Gallup Press.

COPYRIGHT STANDARDS

This document contains proprietary research, copyrighted and trademarked materials of Gallup, Inc. Accordingly, international and domestic laws and penalties guaranteeing patent, copyright, trademark and trade secret protection safeguard the ideas, concepts and recommendations related within this document.

The materials contained in this document and/or the document itself may be downloaded and/or copied provided that all copies retain the copyright, trademark and any other proprietary notices contained on the materials and/or document. No changes may be made to this document without the express written permission of Gallup, Inc.

Any reference whatsoever to this document, in whole or in part, on any webpage must provide a link back to the original document in its entirety. Except as expressly provided herein, the transmission of this material shall not be construed to grant a license of any type under any patents, copyright or trademarks owned or controlled by Gallup, Inc.

The Gallup Q¹² items are Gallup proprietary information and are protected by law. You may not administer a survey with the Q¹² items and/or reproduce them without written consent from Gallup.

Gallup® and Q¹²® are trademarks of Gallup, Inc. All rights reserved. All other trademarks and copyrights are property of their respective owners.





GALLUP®

World Headquarters

The Gallup Building
901 F Street, NW
Washington, D.C. 20004

t +1.877.242.5587

f +1.202.715.3045

www.gallup.com